

PRIVATE ICE SKATING INSTRUCTION

If you're interested in learning to ice skate for enjoyment and recreation, or if you want to develop the skating skills to become a figure skater or hockey player, ice skating instruction is for you!

Private instruction is provided exclusively by qualified instructors approved by the RMU Island Sports Center. Instructors are experienced professionals that offer all levels of instruction based on your personal goals.

Lessons are offered from beginner through advanced levels for recreational ice skating, figure skating and Beginning hockey skills.

To schedule a private lesson, refer to the enclosed list of instructors and contact the instructor directly. Instructors set their own lesson schedules based on their availability, and the RMU Island Sports Center is not responsible for instructors' private lesson schedules.

Please read the enclosed policies and procedures before contacting the instructor of your choice. All private lessons must be set up directly with the instructor.

Additional questions in regards to private ice skating instruction or other RMU ISC skating programs may be directed to Skating Director Beth Sutton at 412-397-4469 or sutton@rmuislandsports.org.

TYPES OF PRIVATE INSTRUCTION

Beginning Skating Skills: Skaters learn the fundamentals of ice skating, including the proper way to fall and get up, forward and backward skating, stopping, turns and crossovers. This prepares skaters for more advanced techniques in figure skating or hockey.

Figure Skating: Skaters learn more advanced skills such as jumps, spins and footwork, which are building blocks for freestyle and ice dancing.

Hockey Skills: Skaters learn the Beginning skating skills necessary to advance to more advanced hockey techniques and power skating. No sticks or pucks.

PRIVATE INSTRUCTION FEES

Private instruction fees range from \$15 to \$38 per 30-minute lesson. Fees are determined by individual instructors according to industry standards, based on the instructor's individual achievements, coaching accomplishments, years of instructional experience and coaching education.

Please note that ice session and skate rental fees are not included in instructional fees. These fees must be paid at the Guest Services Desk before each lesson. Instructional fees are paid directly to the instructor.

INSTRUCTOR DESCRIPTIONS

All RMU Island Sports Center private skating instructors are members of:

- U.S. Figure Skating (US FS)
- Ice Skating Institute (ISI)
- Professional Skaters Association (PSA)

Full-time Staff Coach: Full-time coaches are devoted to coaching as their career. They spend time on and off ice "managing" their students skating path for testing and competitions and often assist other full- or part-time coaches with supplemental lessons for skaters.

General Skills Taught: Beginning Skating Skills, Figure Skating Competitive & Recreational, Hockey Skills

Part-time Coaches: Part-time coaches are accomplished skaters who are in college or have chosen skating as a secondary career choice. They are devoted to the development of their skater but may not be available to attend testing sessions or competition events.

General Skills Taught: Beginning Skating Skills, Figure Skating, Hockey Skills

Junior Coaches: At least 16 years of age or older and are still in high school. Junior coaches are accomplished skaters who are limited in their coaching time due to their school schedules and are still actively training as skaters.

General Skills Taught: Beginning Skating Skills, Beginning Figure Skating Skills, Beginning Hockey Skills

POLICIES AND PROCEDURES

- Private instructors listed in this brochure have been approved for private instruction at the RMU Island Sports Center. Private instructors are not employees of the RMU Island Sports Center.
- Skaters must contact the instructor directly for instructor availability, instructor private lesson policies and to schedule private instruction time. Please check with your instructor regarding his/her cancellation and lesson scheduling policies. Instructors generally follow the Professional Skaters Association recommendations with regards to late cancellations or lessons that are "no shows." Please ask your coach about his/her policies before starting lessons. RMU ISC is not responsible for setting the coaches individual policies.
- **Skaters receiving private instruction must pay the appropriate ice session and skate rental fees at the Guest Services Desk before going onto the ice for all sessions.**
- All private instruction fees must be paid directly to the private instructor and are separate from ice session and skate rental fees.
- The RMU Island Sports Center is not responsible for private instruction schedules.
- Private lessons may be given during public skating sessions or figure skating and stick time sessions. Only skaters that qualify by level and are approved by the skating director may receive lessons during figure skating or stick time sessions. Contact the instructor directly to schedule a lesson during the appropriate session.



For more information contact Skating Director Beth Sutton at: 412-397-4469 or sutton@rmuislandsports.org

RMUISLANDSPORTS.ORG | 412-397-3335



PRIVATE ICE SKATING INSTRUCTION

ALL AGES | BEGINNER TO ADVANCED



BEGINNING SKATING SKILLS
RECREATIONAL FIGURE SKATING
COMPETITIVE FIGURE SKATING
BEGINNING HOCKEY SKILLS

RMUISLANDSPORTS.ORG | 412-397-3335

RMU ISLAND SPORTS CENTER PRIVATE ICE SKATING INSTRUCTORS

FULL-TIME STAFF COACHES

Beth Sutton, Skating Director

- National & Jr. Olympic Coach
 - Former Ice Capades Show Skater
 - Beginning Skating Skills, Figure Skating
- 412-397-4469**
\$35 per 30 minutes

Jennie Vicinie, Assistant Skating Director

- US FS Gold Medalist
 - Steel City Blades Synchronized Skating Coach
 - Beginning Skating Skills, Figure Skating, Hockey Skills
- 412-974-3682** or **412-397-4483**
\$30 per 30 minutes

Crystal Mekonis, Skating School Associate

- US National Coach
 - US FS Gold Medalist
 - Beginning Skating Skills, Figure Skating
- 412-720-7217**
\$30 per 30 minutes

Elena Valova

- World & Olympic Pair Skating Champion
 - National & Jr. National Coach
 - Beginning Skating Skills, Figure Skating, Adults, Beginning Hockey Skills
- 412-264-3288**
\$38 per 30 minutes

Cari Breed

- US FS Gold Medalist
 - Beginning Skating Skills, Figure Skating, Steel City Blades Synchronized Skating Coach
- 412-716-5104**
\$30 per 30 minutes

Tenley Brownwright

- US FS Gold Medalist
 - Beginning Skating Skills, Figure Skating
- 412-999-3924**
\$30 per 30 minutes

Nicole Carlins

- US FS Gold Medalist
 - Beginning Skating Skills, Beginning Hockey Skills, Figure Skating
- 412-215-2368**
\$25 per 30 minutes

Christiana Fragale

- US FS Gold Medalist
 - Beginning Skating Skills, Beginning Figure Skating Skills, Hockey Skills
- 724-777-9041**
\$27 per 30 minutes

Janelle Lajtar

- US FS Gold Medalist
 - Former Show Skater with Disney on Ice
 - Beginning Skating Skills, Figure Skating, Adults
- 201-398-3309**
\$30 per 30 minutes

Michal Lajtar

- Slovak National Medalist
 - Principal Soloist with Disney on Ice
 - Figure Skating, Hockey Skills, Adults
- 201-398-5028**
\$33 per 30 minutes

Alicia Marcucci

- US FS Gold Medalist
 - Beginning Skating Skills, Figure Skating
- 304-777-7219**
\$28 per 30 minutes

Rachel Lane McCarthy

- National & Jr. National Coach
 - US National & International Competitor
 - Beginning Skating Skills, Figure Skating, Beginning Hockey Skills, Adults
- 412-606-0320**
\$35 per 30 minutes

Renee Miller

- Jr. National Coach
 - Beginning Skating Skills, Figure Skating, Beginning Hockey Skills
- 412-759-2166**
\$33 per 30 minutes

Nadia Moody

- US FS Gold Medalist
 - Beginning Skating Skills, Figure Skating, Beginning Hockey Skills
- 724-544-2742**
\$27 per 30 minutes

Kim Sailer

- US FS Adult Gold Medalist
 - US FS Adult National Pair Champion
 - Beginning Skating Skills, Figure Skating, Pair Skating
- 724-986-8073**
\$30 per 30 minutes

Lauren Thomas

- US FS Gold Medalist
 - US National & International Competitor
 - Beginning Skating Skills, Figure Skating
- 412-736-5996**
\$30 per 30 minutes

Karen Volk

- Steel City Blades Synchronized Skating Coach
 - Former Show Skater with Disney on Ice
 - Beginning Skating Skills, Figure Skating
- 412-600-2439**
\$30 per 30 minutes

PART-TIME STAFF COACHES

Amanda Barker

- US FS National Adult Gold Ladies Division Champion, Australian State & National Medalist
 - Beginning Skating Skills, Figure Skating
- 412-298-2630**
\$24 per 30 minutes

Ashley Barrasso

- Beginning Skating Skills, Figure Skating, Beginning Hockey Skills
- 508-524-4363**
\$25 per 30 minutes

Bethany Brinkman

- US FS Gold Medalist
 - Beginning Skating Skills, Figure Skating
- 412-977-8824**
\$27 per 30 minutes

Gianna Catanzarite

- Beginning Skating Skills, Figure Skating
- 412-995-0888**
\$16 per 30 minutes

Gina Cecchetti

- US FS Gold Medalist
 - Beginning Skating Skills, Figure Skating, Beginning Hockey Skills
- 412-327-3120**
30 minute rate \$27

Audrey Clapper

- US FS Adult Gold Medalist
 - Beginning Skating Skills, Figure Skating
- 724-513-6080**
\$22 per 30 minutes

Dawn Malanchak DeCesare

- Adult US FS Gold Medalist
 - Beginning Skating Skills, Figure Skating
- 412-973-8010**
\$22 per 30 minutes

Lauren Firanski

- Beginning Skating Skills, Beginning Figure Skating Skills
- 412-716-5869**
\$20 per 30 minutes

Diane Benish

- Beginning Skating Skills, Beginning Figure Skating Skills, Hockey Skills
- 724-766-6907**
\$20 per 30 minutes

Carrie Hucker

- US FS Gold Medalist
 - Beginning Skating Skills, Figure Skating, Beginning Hockey Skills
- 302-379-1522**
\$25 per 30 minutes

Diane Kruman

- Beginning Skating Skills, Figure Skating
- 412-335-8607**
\$20 per 30 minutes

Duncan Lundberg

- Beginning Skating Skills, Hockey Skills
- 724-888-0897**
\$17 per 30 minutes

Alexis Monti

- US FS Gold Medalist
 - Beginning Skating Skills, Figure Skating
- 412-742-2404**
\$25 per 30 minutes

Cara Murphy

- US FS Gold Medalist
 - Beginning Skating Skills, Figure Skating
- 412-445-3479**
\$20 per 30 minutes

Anastasia Novodran

- Beginning Skating Skills, Beginning Figure Skating Skills, Beginning Hockey Skills
- 412-779-8332**
\$25 per 30 minutes

Christina Phillis

- Beginning Skating, Figure Skating Skills
- 216-374-9148**
\$22 per 30 minutes

Catherine Policicchio

- US FS Gold Medalist
 - Beginning Skating Skills, Figure Skating
- 315-882-2489**
\$30 per 30 minutes

Laurie Rossetti

- Beginning Skating Skills, Figure Skating, Hockey Skills
- 412-805-1448**
\$28 per 30 minutes

Angela Scalamogna

- Beginning Skating Skills, Beginning Figure Skating
- 724-822-0572**
\$18 per 30 minutes

Carol Waggy

- US FS Gold Medalist
 - Beginning Skating Skills, Figure Skating
- 304-282-1318**
\$25 per 30 minutes

Valerie Wolenter

- US FS Gold Medalist
 - US National Competitor
 - Beginning Skating Skills, Figure Skating, Hockey Skills
- 412-736-4958**
\$27 per 30 minutes

JUNIOR COACHES

Marin Auth

- Beginning Skating Skills, Beginning Figure Skating Skills
- 412-765-9034**
\$15 per 30 minutes

Madeline Bleil

- Beginning Skating Skills, Beginning Figure Skating Skills
- 412-802-5725**
\$15 per 30 minutes

Marisa Busquets

- Beginning Skating Skills, Beginning Figure Skating Skills
- 412-897-8443**
\$15 per 30 minutes

Elsbeth Cunningham

- US FS Gold Medalist
 - Beginning Skating Skills, Beginning Figure Skating Skills, Beginning Hockey Skills
- 412-328-3354**
\$15 per 30 minutes

Heather Davidson

- US FS Gold Medalist
 - Beginning Skating Skills, Beginning Figure Skating Skills
- 412-916-0126**
\$15 per 30 minutes

Ellie McCaffrey

- US FS Gold Medalist
 - Beginning Skating Skills, Beginning Figure Skating Skills
- 412-439-0148**
\$15 per 30 minutes

Kalin Mezey

- US FS Gold Medalist
 - Beginning Skating Skills, Beginning Figure Skating Skills
- 724-591-4427**
\$15 per 30 minutes

Kaylee Pierce

- Beginning Skating Skills, Beginning Figure Skating Skills, Beginning Hockey Skills
- 412-770-8423**
\$15 per 30 minutes

Emma Ross

- Beginning Skating Skills, Beginning Figure Skating Skills, Beginning Hockey Skills
- 724-799-3662**
\$15 per 30 minutes

Natalie Sobel

- US FS Gold Medalist
 - Beginning Skating Skills, Beginning Figure Skating Skills
- 412-795-0421**
\$15 per 30 minutes

Olivia Strouse

- Beginning Skating Skills, Beginning Figure Skating Skills
- 412-316-7602**
\$15 per 30 minutes

Loren Suttmiller

- Beginning Skating Skills, Beginning Figure Skating Skills
- 724-591-0304**
\$15 per 30 minutes

Annie Volk

- US FS Gold Medalist
 - Beginning Skating Skills, Beginning Figure Skating Skills
- 412-295-7213**
\$15 per 30 minutes

Sarah Volk

- US FS Gold Medalist
 - Beginning Skating Skills, Beginning Figure Skating Skills
- 412-295-7214**
\$15 per 30 minutes

Lily Zhong

- US FS Gold Medalist
 - Beginning Skating Skills, Beginning Figure Skating Skills
- 412-587-2538**
\$15 per 30 minutes